



Pastor's Note: Creating Space for Growth

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Dear Friends,

The beauty of fall is all around us. God's not so subtle reminder that change is an inevitable and necessary part of the ebb and flow of life. The trees lose their leaves to rejoin the rich nutrients of the soil that will gestate over a long cold winter and then burst forth into new life again next spring. Once all the leaves are down, and with them the colors of fall, the gray of winter, especially against a backdrop of pure white freshly fallen snow, has its own seasonal gift of beauty.

Spiritually speaking, during this season of autumn, when certain things fall away, we create the necessary space for new life to grow. The invitation is to let go of those things that have ceased to be life-giving for us or that which has ceased to bring us joy.

Letting go is never easy. It requires humility to surrender our heart, mind, and will to Christ, who said, "unless a kernel of wheat falls to the

Autumn
by Ranier Maria Rilke

The leaves are falling, falling as if from far up,
As if orchards were dying high in space.
Each leaf falls as if it were motioning "no."
And tonight the heavy earth is falling
Away from all the other stars in the loneliness.
We're all falling. This hand here is falling.
And look at the other one. It's in them all.
And yet, there is Someone, whose hands
Infinitely calm, holding up all this falling.

ground and dies, it remains only a single seed. But its death will produce a plentiful harvest of new life." (John 12:24)

While walking the dog, I have enjoyed watching the squirrels scurrying about at a frenzied pace collecting their stash of acorns to sustain them through winter hibernation. That, too, is a visible reminder that in all the changing seasons of our lives, God provides all the physical, communal, and spiritual nourishment we need. As we sing in our

wonderful thanksgiving hymn:

*Come ye thankful people come;
raise the song of harvest home.
All is safely gathered in, ere the
winter storms begin.*

*God our Maker, doth provide for
our wants to be supplied.*

*Come to God's own temple come;
raise the song of harvest home.*

May the rich abundance of God's providential grace fill your hearts and homes with gratitude this Thanksgiving!

Yours for the journey,
Nancy

ABOUT

“Inherent in God’s good creation is God’s desire for all of us to have a rhythm of work, play, and rest in our lives.”

Ministerial Staff Office Hours Posted

One of the very first things a pastor learns is that this “calling” is not so much to a particular vocation as it is to a lifestyle. As you grow to know and love your congregation and share in its joys and concerns, the “work” of ministry becomes a disposition of your heart, rooted and grounded in your own personal walk of faith: A work that doesn’t necessarily fit into our typical understanding of “regular business hours.” And, so, time management is a necessary pastoral skill. Years ago, denominational leaders encouraged churches to speak in terms of “units” when viewing an average pastor’s work week. A unit is a three- or four-hour block of time, i.e., morning, afternoon, evening. A full-time pastor is expected to work 14 to 16 units a week, Sunday through Saturday, with one day off during the week.

That being said, I have found it helpful over the years to carve out “office hours” so that there are specific times when the congregation can expect to find me in the office, knowing that, typically, afternoons and evenings will be spent doing pastoral care/visitation or church meetings/events. I have always asked my staff to do the same. So, as we begin our ministry together here at Camp Hill, our office hours will be:

Nancy Conklin

■ *Monday-Thursday, 9 a.m. to 2 p.m.*

■ *Friday, off*

Anne Myers

■ *Monday, 9 a.m. to noon*

■ *Wednesday, 9 a.m. to 10:30 a.m. (Prayer Fellowship)*

■ *Friday, 9 a.m. to noon*

Dan Dorty

■ *Monday-Thursday, noon to 4 p.m.*

Lindsay Gottwald

■ *Monday-Thursday, 10 a.m. to 2 p.m.*

Now, in theory, the unit system is to enable a pastor to maintain some rhythm in life, but we all know theories are great, but it’s the practice that makes them meaningful. Inherent in God’s good creation is God’s desire for all of us to have a rhythm of work, play, and rest in our lives. This seems to be a critically important reminder in these days when we can work remotely and be wired and accessible 24/7. Given our global economy, some people, by necessity, work through the night because their colleagues live in parts of Asia or elsewhere around the world, making their rhythm a bit more challenging.

So, I do hope and pray that in all the busyness of life, we will all strive to dance to the rhythm inherent in our own good creation.

Blessings of Peace,
Nancy Conklin

Mark Your Calendars for Installation Service

The Presbytery of Carlisle will host the installation of the Rev. Nancy Conklin as our installed pastor Saturday, Nov. 23, at 4 p.m. in CHPC’s Fellowship Hall. A Thanksgiving feast will follow the installation,

giving thanks for God’s providence toward CHPC, Pastor Nancy’s life in ministry, and our new life together.

Invitations have been mailed to the congregation and the Presbytery. RSVP to the

church office or sign up in the Gathering Place. Transportation will be available for those who are unable to drive or prefer not to drive in the evening.

Abby Tierney

ABOUT

Preschool Corner: Learning About Autumn

The preschool has been busy enjoying the changing of the season by exploring outside and learning all about fall and fire safety. Our friends had an opportunity to visit the Camp Hill Fire Department and learned about fire trucks and how to be safe. Our 4s and Pre-K classes took a field trip to Paulus Farm. Our Preschool Parent Association has had two

meetings already, and we are busy planning our first Fall Harvest Festival. We are planning games, crafts, and food for Wednesday, Nov. 13, from 5:30-7:30 p.m. and would love for you to stop by and see all the exciting things we have scheduled. Believe it or not, Christmas is right around the corner, and our little ones would be so happy to see Santa and Mrs. Claus roaming our

halls and visiting our classrooms the first week of December. If you are interested in being Santa's "stand-in," or know him, please contact me at (717)761-6003 or dtarnoci@thechpc.com.

Dana Tarnoci



CHPC Preschool students enjoy a hayride while on a field trip at Paulus Farm in Mechanicsburg. They also picked pumpkins and played games.



Learning about fall includes finger painting your own pumpkin picture, of course!

Sanctuary, Gathering Place Doors Updated

The next time you go through one of our beautiful entrance doors — those painted bright red going into the Sanctuary or the Gathering Place doors

— think about thanking our wonderful custodians, Kem Bonner and Frank Smith, who work tirelessly to keep our church clean and welcoming. During

October, they worked outside to refinish our doors.

Dale Meadowcroft



ABOUT

**"God gave you a fingerprint that no one else has, so you can leave an imprint that no one else can."
— Sandy Cober**

Member Profile: Q&A With the Cober Sisters

In this installment of our series "CHPC Member Spotlight," we feature Sandra (Sandy) and Linda Cober, who have been members for 50 years.

Q: When did you join CHPC?

Sandy: In 1969, our family moved here from Pittsburgh. It was the summer before my senior year in high school.

Linda: Our family joined ... when our father, Dr. John G. Cober, took a job with the Pennsylvania Department of Education. He had been the supervising principal (superintendent) of Fox Chapel Area School District and an elder at Fox Chapel Presbyterian Church. Our mother, Thelma T. Cober, was also active at Fox Chapel and helped to organize and run the church's Fall Festival, which was a major undertaking.

Dad was an elder for several terms here at CHPC, and Mother was active in Esther Circle, which I also joined.

Q: What brought you to CHPC?

Linda: After moving here from Pittsburgh, we visited several area churches, trying to find a new church home. My sister Sandy became friends with Pam Smith, the Rev. Smith's daughter, so we decided to join CHPC.

Sandy: We ... settled on CHPC because of the youth group where I became friends with (Pam Smith) and many of the other teenagers in the church. I became a member of the youth group and the youth choir and enjoyed all of the many activities and Christian learning experiences at CHPC. My parents also enjoyed the friendly atmosphere of the church, and we decided it was a good fit for us.

Q: Please tell us about your family.

Linda: Mother and Dad were both from Western PA and met at Indiana State Teachers College (now IUP). Both were teachers, so Sandy and I grew up with parents who were good role models and knew how to motivate children.

Sandy became an elementary teacher before moving to Nova Scotia when she married a Canadian veterinarian.

I truly enjoyed teaching high school English for 38 years, coached girls' basketball, served as class dean, supervised the Macintosh Computer Lab, and presented summer computer classes for fellow teachers.

During summers and over

many Christmas vacations, I worked in the Caribbean as a scuba instructor in Bonaire, Grand Cayman, and Cayman Brac. I also had fun editing three books and numerous magazine stories written by my friend Capt'n Don Stewart, the legendary founder of the diving industry on Bonaire.

My claim to fame is being a centerfold in the 1984 *Sports Illustrated* Swimsuit Edition. Only my face is visible since I am holding a moray eel whose teeth frame my eyes, but my students and fellow teachers got a big kick out of it.

Sandy: ... I have a son, Tristan John, who was born in Halifax, Nova Scotia. I met his father, Markus, when I was working on the island of Bonaire in the Netherlands Antilles as a scuba instructor and assistant manager of Dive Bonaire. We were married in Halifax and we lived there for 20 years.

Tristan was a frequent flyer from a very young age. He was baptized at CHPC on one of our many trips to PA. He now lives in Steelton with his wife, Kirby.

Q: What activities have you been involved with at CHPC?

Continued on Page 5...

Member Q&A, *continued from page 4*

Sandy: I have volunteered in the kitchen when needed for funeral receptions and celebrations.

Linda: I was a deacon for two terms, serving as assistant moderator and moderator. I am also part of the kitchen crew when needed and enjoy the camaraderie as we work together to serve a meal that everyone will enjoy. I have not signed up for a third term as deacon because I now spend the winter season in Florida, where we are active at Englewood United Methodist Church, especially the crafts group and the Colossal Rummage Sale.

Q: What are your favorite hobbies?

Linda: My favorite hobby is scuba diving. I also enjoy reading, pickleball, ping-pong, shuffleboard, water

volleyball, and most other sports. (By the way, I discovered that Pastor Nancy is a good water volleyball player!) Playing nine-square here at church during the Friday multigenerational gatherings is always fun, too.

Sandy: Scuba diving is my favorite hobby, even though I have not been diving for awhile. I enjoy making all sorts of crafts involving fabric, yarn, beads, essential oils, soap-making, jewelry creations, and healthy snacks. Activities I enjoy participating in, such as pickleball, ping-pong, and water volleyball, are great ways to stay healthy.

Q: Do you have any advice for younger members?

Sandy: “I’ve learned that people will forget what you said, people will forget what

you did, but people will never forget how you make them feel,” said Maya Angelou. God gave you a fingerprint that no one else has, so you can leave an imprint that no one else can.

Linda: Get involved. Find something you enjoy and do it. My mother always said, “You only get out of something what you put into it,” and she was right.

Q: What is your favorite scripture verse?

Sandy: Psalm 100.

Linda: The 23rd Psalm, especially the King James version, has always been my favorite.

Sandy and Linda Cober, as told to Ellen Smith



Sisters Sandy, left, and Linda Cober are scuba diving enthusiasts who spend the winter in Florida. They have been CHPC members since their family moved here in 1969.

ABOUT

More than 50 Attend PW Fall Gathering



The Fall Gathering of CHPC Presbyterian Women was held Sunday, Oct. 6, following worship. The theme for the event was “Apple Dapple Day.”

The tables were beautifully decorated with fall colors, handmade crocheted apple hot cup holders, and many apples. Thank you to Pam Thompson, PW moderator, who provided the lovely fall table decorations and the creative apple hot cup holders. Pam also provided table games and activities.

The event was well attended, with more than 52 women and several men in attendance. The menu was a delicious Waldorf salad

served over a bed of greens with rolls, and a warmed apple crisp served with whipped cream for dessert. Many thanks to Gwen Fourson, who made the wonderful salad. And, another thank you to Pam, who made the apple crisp.

Many thanks also to all the Presbyterian Women who helped to make the event a success. The apple peelers, kitchen staff, and set-up/clean-up staff were much appreciated.

A special presentation was given by our guest, Lois Heagy, on “Totally Pennsylvania.” She shared many interesting historical facts about the state and

showed memorabilia.

Everyone was fascinated by Lois’ little-known tidbits about Pennsylvania.

The event culminated with a business meeting chaired by Pam. She thanked everyone for coming and making the event a success. After the door prize drawing, the event was closed with a benediction by the Rev. Nancy Conklin.

Upcoming PW Events:

- Thank Offering Sunday, Nov. 17
- Christmas Coffee, Dec. 5

Gail Mark



Presbyterian Women met for an apple-themed Fall Gathering on Oct. 6.

ABOUT*Break Bread Together During Supper Clubs*

The best relationships usually begin with a meal. The first Christians knew it. At CHPC, a great way to get plugged into our church or to make additional friends at church is Supper Clubs.

Supper Clubs aren't just for newcomers. They are a place to make new connections and build upon old ones.

Supper Clubs are a group of six to eight people who meet at the house of a host or hostess. Groups usually meet once a month for three months. Singles and couples are welcome.

Fill out the form below, or look for forms outside the church office and in the Gathering Place, to register for our 2020 Supper Clubs,

which will take place in February, March, and April. Place the completed form in the offering tray or deliver it to the church office no later than Sunday, Jan. 5.

Questions? Contact me at duhmcbes2000@yahoo.com or (717) 448-8108.

Sandy McBride

*They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread...
—Acts 2:42*

Supper Club 2020 Registration Form

Yes, I would like to join the 2020 Supper Club at CHPC.

Name: _____

Email address: _____

Cell phone: _____ Home phone: _____

Home address: _____

Number attending: _____

Food allergies or restrictions: _____

Are you willing to serve as a host for one monthly gathering? _____

I would need a ride to participate: _____

GIVE

Notes From the CHPC Treasurer

■ CHPC receipts through Sept. 30 were \$401,102.07 and expenses were \$436,171.59, with expenses exceeding receipts year-to-date by \$35,069.52. If you are behind in paying your estimate of giving, please help CHPC by bringing your contributions up to date.

■ Contribution statements for the third quarter were sent out Oct. 25. Let me know if you find any errors.

■ We have spent \$137,587 on building renovations in

2019, including replacement of the Education Wing roof, refurbishment of the 23rd Street porch, concrete work next to the manse, and a church-wide Wi-Fi upgrade. The Endowment has loaned CHPC \$100,000 to help pay for these costs; this loan needs to be repaid by June 1, 2020.

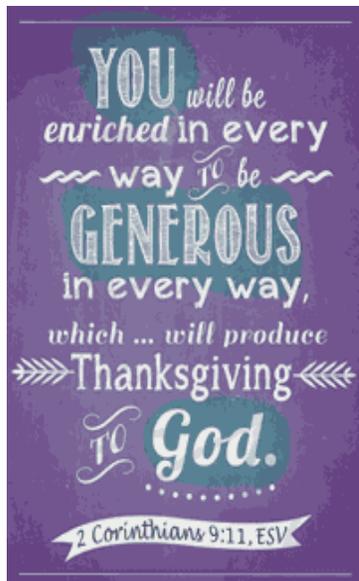
So far, we have raised \$37,025 of the \$137,587 spent on renovations. Please contact me or Bill Stout if you are interested in making a contribution to help CHPC repay the

Endowment loan and to assist in reimbursing CHPC for the balance of the renovation expenses.

■ Tax-efficient gifts can be made by doing a charitable IRA rollover if you are 70 1/2 older, by giving appreciated stock (and avoid paying tax on the capital gains), or by using a donor-advised fund. Contact me for more information at dwatts@mwnc.com or (717)737-2591.

David Watts

New Hope Ministries Seeking Donations



New Hope Ministries will be distributing Thanksgiving baskets to those in need on Saturday, Nov. 23. Please consider donating any — or all — of the following items before Wednesday, Nov. 20:

- Packages of potatoes
- Canned vegetables
- Cranberry sauce
- Sweet potatoes

- Cake mixes/pie mixes
- Canned fruit

Items can be left in the New Hope Ministries bin in the Gathering Place’s Donation Center.

Thank you!

Monica Zazvorsky

GIVE

Help Support MAD Programs

The 2019-2020 MAD season at CHPC is underway with exciting events scheduled.

We want to be able to provide these programs to the community for years to come. For more than 40

years, MAD has continued its fine tradition, but the series is self-supporting and, without your patronage, this would not be possible.

Please consider becoming a MAD patron. Contribution forms are available in the

Gathering Place and throughout CHPC.

Thank you for generous support!

Pam Mitchell

Select an Ornament, Grant a Wish for Christmas

As we begin preparations for the upcoming holiday season, please remember those individuals in our community who are in need and who, through your generosity, can experience the true joys of Christmas. This holiday season, the Deacons are again partnering with New Hope Ministries to provide gifts to Central Pennsylvania families struggling during the holidays. In the Gathering Place, you'll find our Christmas Giving Tree from which you can select an ornament. Each

ornament on the tree includes a "wish list item" that you may purchase for donation.

Unwrapped gifts will be accepted by the Deacons in the Gathering Place through Sunday, Dec. 8. Monetary donations (checks made payable to "New Hope Ministries") also will be accepted.

Please consider how your generosity can have a meaningful impact on the lives of those less fortunate this holiday season.

Michele Tate

Our Christmas Giving Tree now stands in the Gathering Place. Ornaments list gifts that can be purchased for adults and children in need.



SERVE



Lend A Hand Aids Disaster Victims

Lend a Hand is the volunteer disaster recovery ministry sponsored by the Carlisle Presbytery. Since Hurricane Katrina in 2005, LAH has sent teams to disaster recovery areas in 10 different states and continues to send teams where needed on a monthly basis.

Currently, trips are scheduled to eastern North Carolina, working on recovery from 2016's

Hurricane Matthew. The next trip is Nov. 10-16, with 2020 trips scheduled starting in January. The cost per person currently is \$50 and will go up to \$100 in 2020.

CHPC, through its Mission Outreach Ministry, has provided financial support for trips in the past, in particular those trips where CHPC members have participated. To encourage increased participation, the Mission Outreach Ministry

is offering sponsorships for members who are willing to participate in LAH trips.

Information about Lend a Hand trips can be found at <http://lendahand.net/>.

If you are interested in participating or would like more information, contact me at d413flint@gmail.com.

Dan Flint

CHPC Supports Allison Hill Ministry

Christ Lutheran Church on South 13th Street in Harrisburg provides crucial services to those in need in the Allison Hill neighborhood. A full-time clinic is staffed by nurses, a dental clinic is available a few days per month, classes are offered in English as a second language, and over-the-counter medicines and winter accessories are available. The list goes on. With a Sunday worship attendance of fewer than 50 people, the CLC congregation could not

support all these ministries alone. That is where partner congregations and groups come in to help.

Since 2005, CHPC volunteers have provided building maintenance and improvement projects for the various CLC ministries. Christ Lutheran is a grand old city church, with the capacity to provide these critical services to residents, but maintaining such a facility is challenging. The third Saturday of each month is Property Day, and we work from 8 a.m. to

noon alongside CLC members and volunteers from other partner churches.

More information about CLC Ministries can be found at www.pcvsoftware.net/christlutheran/.

If you are interested in participating or would like more information, please contact me at d413flint@gmail.com.

Dan Flint

CARE

MATE Raises Enough for Matching Grant

Last month we shared that Mission at the Eastward, better known to us as MATE, had a matching grant available of up to \$30,000 from the Sandy River Charitable Foundation. We requested that members of our church family consider making donations toward the match. We are pleased to tell you that MATE has made the match — with more than \$30,000 in contributions from individuals and partner

congregations received so that they will receive the full \$30,000 from the foundation.

Because MATE no longer has synod monies available, fundraising has become more urgent so that the mission can continue to serve the rural communities of western Maine. Making this match was vital.

Thanks to all members of CHPC who sent contributions toward the match. Recognition also

should be given to the Mission Outreach Ministry, which provided a substantial gift toward the matching grant, as well. Your support is helping MATE reach the last house on the last road!

Save the Date: The 2020 CHPC mission trip to work with the MATE Housing Ministry will be July 18-25, 2020. Look for more details after the new year begins, but mark your calendar now!

Nancy Flint



CHILDREN & YOUTH

Fall Youth Events Off to a Great Start

On Sept. 29, CHPC Youth tried a new adventure: cooking together. A small group produced a feast of hot dogs, corn on the cob, potato chips, and lemonade. After playing a game, they joined in a

mini-lesson over ice cream.

On Oct. 13, a group of 13, including CHPC youth and their friends and parents, traveled to Paulus Mt. Airy Orchard in Dillsburg.

Everyone found their way out of the “Wizard of Oz”-

themed corn maze, eventually. Other favorite activities included pedal carts, slides, and human foosball.

Lindsay Gottwald



In September, CHPC youth shared a meal they made themselves.



Fun was had by all during the October youth outing.

CHILDREN & YOUTH

Meet-and-Greet Scheduled for Children, Youth

On Sunday, Nov. 10, students in grades kindergarten through 12th will have a special time to meet Pastor Nancy in an age-appropriate way after

worship. Kids and youth should expect a pizza lunch, icebreaker activities, and a chance to ask the pastor questions.

The meet-and-greet should last approximately one hour.

Questions? Contact me at lgottwald@thechpc.com.

Lindsay Gottwald

Multigenerational Events Planned for December

■ On Sunday, Dec. 1, CHPC members of all ages are invited to an Intergenerational Advent Wreath Making event from 9 to 10 a.m. in Fellowship Hall. This is a time for us to come together in support of each other to kick off the Christmas season.

■ Let's share the spirit of Christmas with others. Following worship on Sunday, Dec. 8, stay for lunch and cookie decorating in Fellowship Hall, followed by caroling at Bethany Village. All ages are invited to bring the voices God gave them; festive Christmas attire is

preferred!

Look for more information in upcoming Sunday bulletins.

Lindsay Gottwald

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Camp Hill, PA 17011
(717) 737-0488
www.camphillpres.org

Send *Press* submissions by the third Tuesday of the prior month to Andrea Ebeling, aebeling@thechpc.com.

CHPC November Highlights:

- Noonday Organ Recital Luncheon and Performance — Wednesday, Nov. 6, 11:45 a.m.
- Youth Meet-and-Greet With Pastor Nancy — Sunday, Nov. 10, 11:30 a.m.
- Preschool Fall Festival — Wednesday, Nov. 13, 5:30 p.m.
- PW Thank Offering Sunday — Sunday, Nov. 17, 10:30 a.m.
- Central PA Womyn's Chorus Concert — Friday, Nov. 22, 4 p.m.
- The Rev. Nancy Conklin's Installation and Thanksgiving Meal — Saturday, Nov. 23, 4 p.m.
- Church Office Closed for Thanksgiving — Thursday, Nov. 28, and Friday, Nov. 29